

DISCLAIMER & PARTICIPATION AGREEMENT

Open Practice – Skiing & Snowboarding

THIS IS A LEGAL DOCUMENT – PLEASE READ CAREFULLY

HELMETS MUST BE WORN BY EVERYONE

To take part in Open Practice, I/my dependent confirm(s) that I/they can:

- Control speed independently
- Control direction and turn safely
- Use the button lift unassisted
- Understand and follow the slope safety code
- Use the slope in a safe and responsible manner

If you are unsure whether you meet these requirements, please speak to a member of staff before taking part.

If a participant does not meet these requirements once on the slope, they will be asked to leave the slope and no refund will be given.

I confirm that I/my dependent am/are fit for this sporting activity and do not suffer from back problems, heart conditions, or any other medical condition that may be affected by participation.

I/my dependent confirm(s) that they are not under the influence of alcohol or drugs whilst taking part.

I/my dependent am/are aware that skiing and snowboarding are extreme sports and knowingly accept the risks involved. I/my dependent am/is aware that there is a chance of falling and consequently a risk of bodily injury or death.

Please be aware that poor fitness, unsuitable clothing, or failure to follow instructions may increase the risk of injury.

**I agree that I/my dependent will not attempt to enter or use the
Ski/Snowboard Jump Park.**

Gloves must be worn at all times.